Update on the Hillingdon Shared Lives Scheme - January 2015 - September 2016

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REASON FOR ITEM

The Committee requested an update on the Shared Lives Scheme which this Committee reviewed in 2014/15.

OPTIONS OPEN TO THE COMMITTEE

The Committee is asked to note the report and to request clarification if required from the Head of Early Intervention & Prevention who will be in attendance.

INFORMATION

- 1. This Policy Overview Committee carried out a review into Hillingdon's Shared Lives Scheme in 2014/15. The objective of the review was to examine the effectiveness of the current arrangements for The Shared Lives Scheme and to propose improvements which could be made to enhance this important aspect of independent living to the Borough's residents.
- 2. Cabinet at its meeting held on 12 February 2015 endorsed the Committee's findings and recommendations as follows:
 - "That the Committee commend the Shared Lives Scheme to Cabinet and recognise the good work undertaken by officers to develop a successful scheme that delivers much improved quality of life to the participants and has the capacity to deliver modest financial savings.
 - a) That there are potential challenges in the Scheme, including safeguarding, and that any proposal to develop the scheme should ensure robust management such as is currently in place.
 - b) That the Cabinet Member for Social Services, Health and Housing and the Leader of the Council, consider extending the scheme, as identified in the review, in the first instance by 100% (i.e. to total 40 Service Users) and that

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potential savings arising from this be investigated for inclusion in the MTFF from 2016/17.

- c) That consideration be given to further development up to the optimal size (80 service users) once the initial extension has been successfully undertaken.
- d) That any extension of the Scheme is dependent upon appropriate matches being found in the community and that consequently the time frame needs to be flexible.

Summary of the scheme

- 3. Hillingdon Shared Lives Scheme was established in 1987 providing support for vulnerable adults aged 18 plus and from 2016 for young people aged 16 plus with learning disabilities.
- 4. The Scheme extends the range of residential services in Hillingdon, by providing a more personal form of care in small family homes. The scheme can be accessed:
 - As a means of support for families who are caring for a dependant relative by offering periods of respite care.
 - To assist in rehabilitation or for light convalescence.
 - For people who do not need medical attention, but would benefit from a supportive caring environment as a step towards moving on towards independence.
 - To offer a long-term stay for people who wish to live with a family as part of the community and as an alternative to living in a large residential home, hospital setting, or alone.
 - To support young adults transition into adult services.

Current Status of Carers:

- 5. The scheme currently has a total of 46 registered carers. They are comprised of:
 - 8 Single Main carers
 - 28 Joint Main carers
 - 4 Joint Relief carers.
 - 6 Single Relief carers

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Carer Development Days

6. Development days are now offered 2 times a Year. They are comprised of a comprehensive day of Induction and Training which is relevant for both new and existing carers. The first day was offered on 26/04/16 and the next is scheduled for 11/10/16. Feedback from carers on the first training day was that the information was helpful and relevant.

New Carers:

7. During this entire period we have recruited 5 Main carers (2 Joint) and (1 Single) 8 Relief carers. These numbers are included in the current status above.

New Applicants:

8. Currently there are 4 new carer applications in progress.

Current Status of service users placed within the scheme:

9. The scheme currently has 33 service users accessing the scheme. This includes 10 service users who access it via external respite. From January 2015 to present time 42 service users have accessed the scheme.

Referrals:

- 10. In this entire period we received 90 referrals. We have matched and placed 15 of these Referrals. An additional 2 placements were offered by HSL but declined by the service user/ family. Referrals which were not matched were due to the following reasons:
 - Level of care needs requiring Ground Floor Accommodation and /or major adaptations to the home
 - Availability of stay at home carers during the day
 - Waking nights / 24 hour support
 - Alcohol and Substance Misuse
 - Continence Needs
 - Recent History of violence/ aggression
 - Refusal by service user to consider placement
 - No Further Contact from Care management

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Scheme Promotion & Marketing:

- 11. We continue with the scheme promotions and key events have included:
 - Presentation to parent / carers at Queenswalk Day Centre 13/04/2016
 - Stall at Carers Fair in the Pavilions 07/06/2016
 - Presentation at the Older People's Care Manager's Team at the Civic Centre 04/07/2016
 - HSL 1st Annual Summer Fete 02/07/2016 which raised almost £1000!
 - Presentation to Mental Health Care Manager's Team 10/10/2016 and Continuation of joint working with mental health referrals
- 12. We hope these promotions will bring more interest for recruitment and referrals. In addition we continue to use testimonies from our current carers and service users to utilise within advertising. We have updated our website page to include the service offer to people aged 16 plus with learning disabilities.

16+ Young Adults with Learning Disabilities:

13. Vanessa continues to signpost potential referrals from Merrifield's Children's Respite to Hillingdon Shared Lives. 1 Young Adult referral is in progress.

CQC Inspection for Hillingdon Shared Lives August 2016

14. Hillingdon Shared Lives had a CQC Inspection in August. The inspection was conducted over 2 days and included feedback from carers and service users as well as Shared Lives Officers/ Manager. The feedback from the Inspection has been received and it has been incredibly positive with many comments on the caring nature and effectiveness of the scheme. The report commented that people using the service stated 'they felt safe and Shared Lives Carers treated them very well'.

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15. The CQC Ratings were given as follows:

Overall rating for this service	Good •
Is the service safe?	Good
Is the service effective?	Good
Is the service caring?	Good
Is the service responsive?	Good
Is the service well-led?	Outstanding 🗘

16. The HSL Team are extremely proud of the Feedback and Ratings from the recent inspection and continue to strive for excellence in the work they do.